

# An evidence-based educational path in maxillary sinus augmentation: the lateral and crestal approach

23<sup>rd</sup> - 24<sup>th</sup> October 2020



**Live seminar**

*Video Sessions*

*Evidence Based Implantology*

*Theory*



MARCO  
ESPOSITO



TIZIANO  
TESTORI

# Introduction

## THE LAKE COMO INSTITUTE

The Lake Como Institute boasts internationally recognized professionals in the field of Implant Dentistry and experts in all the other disciplines of modern dentistry. The Institute mission is to deliver meticulous diagnosis, treatment and comprehensive management of complex cases. A team of highly dedicated professionals works in close collaboration to achieve the best possible outcome for the patient.

## THE ONLINE COURSE

There are many patients with atrophic posterior maxilla requesting fixed prostheses. When the residual bone height is below 4 mm sinus lift procedures remain the most viable therapeutic options. Sinus lifting techniques have evolved over the last 25 years to a point where sinus grafting surgery is considered to be one of the most successful augmentation procedures performed today with high survival rate of implants placed in these grafts and their prostheses.

This two half-day course will present sinus elevation techniques and possible alternatives to sinus elevation therapy from pre-surgical planning to prosthetic restoration.

Initially the anatomy, the materials, the surgical procedures, the scientific evidence and the complications will be presented. Multiple video presentations will give participants complete exposure to various surgical sinus elevation procedures and clinical tips.

**This educational path, led by international experts will present both evidence-based and new state-of-the-art techniques.**

## COURSE OBJECTIVES

Participants will be able to learn:

- Surgical anatomy finalized to the prevention of complications and optimization of results
- Rationale for a correct pre-operative planning
- Step-by-step surgical technique
- Selection of grafting materials
- How to select and interpret more critically the scientific literature

# Faculty



**MARCO ESPOSITO** Freelance researcher, Docent in Biomaterials at Göteborg University, Editor in Chief of Clinical Trials in Dentistry (CTD), Associate Editor of the Cochrane Oral Health Group, President of the British Academy of Implant and Restorative Dentistry (BAIRD), Academic Advisor at the Faculty of General Dental Practice (UK) of the Royal College of Surgeons of England, and Director of the Scientific Committee of the Digital Dentistry Society (DDS). Marco graduated with honors at the University of Pavia, and was awarded a PhD in Biomaterials from the Göteborg University. He created and directed the Postgraduate Course in Implantology at the University of Manchester (2006-2011) and the European Journal of Oral Implantology (2007-2018). He is a specialist in Periodontics and authored more than 300 publications and gave over 600 international lectures.



**TIZIANO TESTORI** Received his MD degree (1981), DDS degree (1984). Speciality in Orthodontics (1986) from University of Milan, Italy. Fellowship at the Division of Oral Maxillo-Facial Surgery (Head: Robert E. Marx, DDS), School of Medicine, University of Miami, Miami FL (2000). Currently Head of the Section of Implant Dentistry and Oral Rehabilitation Department of Biomedical, Surgical and Dental Science (Chairman: prof. L. Francetti), IRCCS, Galeazzi Institute, University of Milan, Milan, Italy. Assistant clinical professor School of Dentistry, University of Milan, Milan, Italy. Adjunct Clinical Associate Professor, Department of Periodontics and Oral Medicine, The University of Michigan, School of Dentistry, Ann Arbor, Michigan 48109-1078 USA. President (2017-2018) of the Italian Academy of Osseointegration (IAO). Member of the Editorial Board of IJOMI, EJOI, IJPRD, Quintessence Publishing and WJCC, Baishideng Publishing Group. Author of 112 peer-reviewed publications indexed in Pub Med, and 4 books in Implantology.

# Streaming Program

(CET Time)

## 1<sup>st</sup> day – Friday October 23<sup>rd</sup>, 2020

- 14:00 – 15:00 THE SCIENTIFIC EVIDENCE IN MAXILLARY SINUS ELEVATION  
(Marco Esposito)
- 15:00 – 16:00 GRAFT MATERIALS AND MEMBRANES UTILIZED IN MAXILLARY SINUS ELEVATION  
(Marco Esposito)
- 16:00 – 17:00 PRESURGICAL DIAGNOSIS, INDICATIONS AND CONTRAINDICATIONS  
(Tiziano Testori)
- 17:00 – 18:00 SURGICAL PROCEDURES STEP-BY-STEP FOR THE LATERAL APPROACH:  
THEORETICAL PART WITH VIDEO SESSIONS  
(Tiziano Testori)
- 18:00 – 18:30 Q & A WITH TIZIANO TESTORI AND MARCO ESPOSITO

## 2<sup>nd</sup> day – Saturday October 24<sup>th</sup>, 2020

- 14:00 – 15:00 SURGICAL PROCEDURES STEP-BY-STEP FOR THE CRESTAL APPROACH:  
THEORETICAL WITH VIDEO SESSIONS  
(Tiziano Testori)
- 15:00 – 16:00 ALTERNATIVES TO SINUS FLOOR AUGMENTATION: THEORETICAL PART WITH VIDEO SESSION  
(Tiziano Testori)
- 16:00 – 17:00 THE SCIENTIFIC EVIDENCE FOR THE THERAPEUTICAL ALTERNATIVES  
(Marco Esposito)
- 17:00 – 18:00 TREATMENT OF COMPLICATIONS  
(Tiziano Testori)
- 18:00 – 18:30 Q & A WITH TIZIANO TESTORI AND MARCO ESPOSITO  
END OF COURSE



# About Lake Como

The original course was residential and was modified in the webinar due to the pandemia. We hope to see you here for a future event.



Situated in a basin surrounded by wooded mountains, Lake Como offers an extremely varied landscape. Its shores feature a succession of pastures, woods, harsh and impressive rocks, charming villages facing the lake, magnificent mansions with beautiful gardens.

The middle of the lake, where its three branches come together, has the mildest climate and offers the broadest view. This point can be reached by boat. Here tourists can enjoy a lovely view of the whole promontory of Bellagio, of the northern Grigna mountains overlooking Valsassina, and, with clear skies, of the upper basin with the Alps in the background.

Along the shores, in particular from Cernobbio to Gravedona and Bellagio, there are many wonderful villas and gardens with plenty of flowers as well as exotic and rare plants.

Besides the peculiar views of the Lecco branch of the lake which turns southwards, there are natural springs like Fiumelatte, described by Leonardo da Vinci and the impressive Orrido di Bellano situated not far from the Renaissance Villa Monastero at Varenna.

# *Information and contacts*

## **DATE**

Friday 23<sup>rd</sup> October 2020, 14:00 – 18:30

Saturday 24<sup>th</sup> October 2020, 14:00 – 18:30

## **VENUE**

Streaming from Lake Como Institute

Como | Italy

## **VIDEOCONFERENCING PLATFORM**

Zoom

## **REGISTRATION FEE**

€ 200 (VAT included)

## **SECRETARIAT**

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## **LINK TO SUBSCRIBE**

[www.lakecomoinstitute.com/en/product/maxillary-sinus-augmentation](http://www.lakecomoinstitute.com/en/product/maxillary-sinus-augmentation)